



Compassion and respect at the end of life, waardig sterven

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Disclosure belangen spreker ****

Potentiele belangenverstrengeling	
Voor bijeenkomst mogelijk relevante relatie met bedrijven	geen
 Sponsoring of onderzoeksgeld 	geen
 Honorarium of andere (financiele vergoeding) 	geen
 Aandeelhouder 	geen
 Andere relatie, namelijk 	geen





- Putting a plan in place: advance care planning and end-of-life discussions (S. Mcmillan)
- The use of financial incentive to increase the incidence of ACP discussions (D. Cromer)
- Providing exceptional care: research to end of life (M. Porinchak)







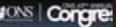




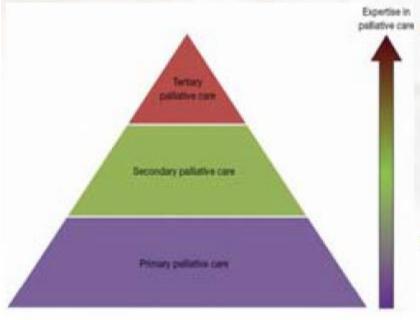
"Putting a Plan in Place: Advance Care and End-of-Life Discussions,"

Sincere McMillan, MS, ANP-BC, RN Memorial Sloan Kettering Cancer Center Geriatric Medicine Department





Background and Significance



Hui, D. & Bruera, E. (2015). Annals of Palliative Medicine

- American Society of Clinical Oncology supports full integration of palliative care as a routine part of comprehensive cancer care in the United States by 2020
- Primary Palliative Care: recommended for all provider's practice







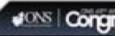
What is Advance Care Planning (ACP)?___





Common elements:

- Discussing patient's values and documenting plans for medical treatments
- ACP is a process over time
- Medicare Part B covers voluntary ACP







What is an Advance Directive (AD)?

 An AD is a written document stating how a patient wants medical decisions to be made if they lose the ability to make them









Benefits to ACP

Less likely to:

- Undergo CPR
- Be on ventilator support
- Have an ICU transfer

More likely to:

- Stop chemotherapy earlier
- Enter hospice earlier
- Increase provider
 understanding of patient
 wishes







Barriers to Quality End-of-Life (EOL) Care

- Regulatory Barriers
- Patient Barriers
- Provider Barriers
- Institutional Barriers







Gap in Practice

- AD completion rates in the U.S. among cancer patients is relatively low
- Oncology patients who died at our institution- the majority of DNR orders were signed on the day of the patients death
- More than 40% of oncologists admit to offering treatments that they believe are unlikely to work







Findings

- 56% of participants believe ACP should be discussed with every patient
- 63% of respondents disagree or strongly disagree with the statement "ACP discussion is the physician's responsibility"
- 76% of respondents agree or strongly agree believe it is their responsibility to discuss ACP with patients and families

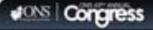






Findings Continued

- Only 25.4% of respondents routinely initiate ACP discussions
- Only 5.9% of respondents stated oncologist <u>always</u> initiated the discussion of ACP
- Only 45% felt they had sufficient knowledge about how to conduct ACP conversations







After engaging in ACP, there was no decline in hope or increase in hopelessness among advance cancer patients





The Use of a Financial Incentive to Increase the Incidence of ACP Discussions

Destiny Cromer MSN, RN, ANP-BC, AOCNP, CBCN Nurse Practitioner; Texas Oncology

Patricia Carter, PhD, RN, CNS
Associate Professor; The University of Texas at Austin School of Nursing



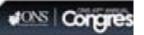






Advance Care Planning (ACP)

- Less than half of patients with advanced cancer have discussed ACP with providers
- Patients want to have these discussions
- ACP discussions have correlated with better patient outcomes







ACP gives patients the information they need to make choices about the care they want to receive at the end-of-life

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If I had known that would be my last Nutcracker, I would have gone

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Barriers to ACP

- Time constraints in the clinic
- Provider knowledge deficit
- Provider discomfort





Using Financial Incentive to Overcome Barriers

A large community-based oncology practice offered a financial bonus to each of it's 122

advanced practice providers (APP)

- To qualify, the APP had be in the top 40% of APP statewide in completing ACP visits during the reporting period
- The reporting period was from October 1, 2016 through March 31, 2017
- Results were determined by applicable billing charges submitted by the APP

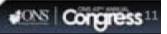






Statewide ACP Sessions

	2016	2017
January	64	318
February	80	335
March	96	401







Advanced Practice
Providers are capable
of introducing and
completing ACP
discussions







Putting a Plan in Place: Advance Care and End-of-Life Discussions

Bringing Hospice to a Research Hospital:

Oncology Nurse Engagement

Dolores Elliott, MSN, APRN/PMH, PMHCNS-BC

Psychiatric/Mental Health Clinical Nurse Specialist

National Institutes of Health (NIH), Clinical Center Nursing Department

Oncology/Critical Care Services







EVIDENCE-BASED ROOM DESIGNS

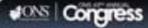
Palliative bedrooms

Architectural design

Family Accommodation

- · Towels, sheets
- Lighting
- · Pictures, clock
- Comfort beds
- Handicap bathroom
- Color scheme teal/turquoise
- · Fabric textures
- Courtyard

- Overnight
- · Recliner, club chairs, table
- Kitchen amenities
- Book case
- Child friendly area
- Conceal headboard
- Moveable recliner







Education Plan

Didactic Courses

- ELNEC (16hrs)
- Crucial Conversations (16hrs)
- Preceptor Workshop (8hrs)
- NIH CC PPCS "Just in Time Course" (8hrs) prior to unit opening

Observational Experiences

- Inpatient Hospice Shadow (36hrs)
- Cohort 1 (First 16 RNs)
- Self-reflection
- NIH CC Pain and Palliative Care Service Shadow

Just in Time Resources

- Stanford Modules
- . Texts and online references available at the unit level
- · Nurse share resource folder (articles, modules, etc.)

Unit Level Practice

- · Orientation to unit
- . Support from CNS, CE, PPCS, NE
- Competency Validation
- Provide Mentoring and Precept 2nd Cohort and New Hires







Take Aways

- 1. End of Life planning is important and can be difficult
- Discussions regarding possibility of death is imperative in the research setting
- Interdisciplinary collaboration and planned education ensures success of Hospice unit





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